

Week 2 - Preparing Through Service



September is recognized as National Preparedness Month (NPM), which serves as a reminder that we all must take action to prepare, now and throughout the year, for the types of emergencies that could affect us where we live, work, and also where we visit.

Each week during 2016's National Preparedness Month, UCSF Emergency Management will send out tools and resources for employees and their families to use to ensure that they are better prepared for emergencies both in the workplace and at home.

Week 2 ? Preparing Through Service

Please see below for emergency preparedness resources, downloads, and videos from FEMA and the Department of Homeland Security's national emergency preparedness campaign (www.ready.gov/september ^[1]).

All UCSF Medical Center employees are encouraged to review and make use of these resources to learn how to:

- Understand the importance of community preparedness.
- Get involved with your community organization or plan with neighbors.
- Highlight local preparedness efforts in your community.
- Celebrate first responders.
- Celebrate emergency-focused organizations who serve communities.

Videos, & Other Related Preparedness Resources

- Visit www.serve.gov ^[2] & follow @ServeDotGov.
- Learn how to volunteer with different emergency response programs where you live.
- Volunteer for Citizen Corps or join a Community Emergency Response Team (CERT).
- Learn more about the Youth Preparedness Council and how to join next year.
- FEMA Independent Study Course-909 Community Preparedness Training Courses Two-Pager.
- FEMA Independent Study Course-909 Community Preparedness: Implementing Simple Activities for Everyone.
- Community Planning Activity Scenario Guide - 'Preparedness: Implementing Simple Activities for Everyone'.
- Neighbors Helping Neighbors Strategies.
- America's PrepareAthon! Plan with Neighbors.

National Day of Service & Remembrance

- Do at least one good deed for your community on 9/11: <http://bit.ly/29DymSw> [3] #911Day.
- Thousands of people all around the nation will commit to day of service on 9/11. Be part of it and share your experience! Using #911Day.
- How will you give back on National Day of Service & Remembrance? Snap It. Tag It. Post It. #911Day.

Volunteer with an Organization

- There are thousands of organizations to help your community. Choose one at: www.serve.gov [2].
- Citizens can help first responders during emergencies by volunteering. Info: <http://t.co/J7fLjCHRj4> [4].
- Joining a CERT is like having @NationalService Day every day! <http://1.usa.gov/NVaxu3> [5].
- Joining a local CERT program is a great way to give back. Find a team near you and #volunteer today! <http://1.usa.gov/NVaxu3> [5].
- Don't wait until the next emergency to get involved, start today: www.ready.gov/citizen-corps [6].
- There are 1K+ CERT programs nationwide, but you only need to volunteer with one: <http://1.usa.gov/1cowrMD> [7].
- Use the zip code search on @Citizen_Corps' website to get involved in your community: <http://t.co/ZK98Ohye> [8]

Help Your Community Get Prepared

- Give a shout out to first responders and community service organizations that have made a difference in your community!
- Looking for an opportunity to serve your community? Start with steps found on @ServeDotGov <http://bit.ly/2a3FAEr> [9].
- Emergency preparedness is a "whole community" effort. Get involved in your community today: <http://bit.ly/2a3FAEr> [9].
- Your neighbor may have to rely on you during an emergency. Will you be ready?: <http://bit.ly/29S1giS>.
- #PrepareAthon can help your community discover activities to keep you and your neighbors safe: <http://ready.gov/prepare> [10].
- At your next home owners association meeting share this community preparedness resource: <http://bit.ly/29VKBtU> [11].
- Your neighbor may need you when an emergency hits. Plan with your neighbor today: <http://1.usa.gov/1WVsAy7> [12].
- "Community preparedness is a shared responsibility." Share this resource with your community: <http://bit.ly/29VKBtU> [11].
- Did you know? FEMA has online trainings to help get your community prepared. Take them today: <http://bit.ly/29VKBtU> [11].
- Almost half of Americans expect to rely on their neighbors after a disaster. Plan today: <http://1.usa.gov/1QmIZGG> [13].
- We can't do it without YOU! Increase your community's preparedness by joining #PrepareAthon www.ready.gov/prepare [14].

Stay tuned for next week's preparedness theme? **INDIVIDUAL PREPAREDNESS!!!**

To view September Preparedness Emails:

Week 1 - Preparing Family and Friends ^[15]

Week 2 - Preparing Through Service ^[16]

Week 3 - Individual Preparedness ^[17]

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Links

[1] <http://www.ready.gov/september>

[2] <http://www.serve.gov>

[3] <http://bit.ly/29DymSw>

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[13] <http://1.usa.gov/1QmIZGG>

[14] <http://www.ready.gov/prepare>

[15] <https://itsm.ucsf.edu/week-1-preparing-family-and-friends>

[16] <https://itsm.ucsf.edu/week-2-preparing-through-service>

[17] <https://itsm.ucsf.edu/week-3-individual-preparedness>